

## Tammy Key's Testimonials

### Workshop Feedback

Workshop Participant

*I received great insight from your class yesterday. I came out with a new attitude! I will be aware of not letting things bottle up. Your animation and warm personality held my attention.*

VU Assistant Director

*I have to say today is the second time hearing you speak this year, and you just bring so much valuable information. It was like getting some great extra professional development.*

Cigna Government  
Services Employee

*This was an excellent session and a different approach to change than I have been presented with in the past. Had some takeaways!*

Vanderbilt Medical Group  
Leader

*Great idea to have this topic (change) and provide time for managers & leaders to have a safe place to discuss the challenges. Very healthy and timely. Also got some good ideas from others to keep spirits up during a very hard time.*

VU Arts & Sciences Staff  
Member

*Thank you for the information provided today. You truly have a gift for communicating and teaching others in a supportive and guiding manner. I look forward to any classes you teach.*

VUMC Nursing Leader

*Thank you for the stellar leadership session you provided for the Team Leads. I was impressed with the training. I observed the Team Leads' faces as you spoke, and it was clear that they were like sponges absorbing every pearl of wisdom you were presenting. You have provided Team*

*Leads with a solid leadership foundation that will serve them well throughout their careers. How fortunate Vanderbilt is to have a valued teacher who can create a transformational learning environment for our future leaders. Thank you, Tammy.*

Equity, Diversity, and  
Inclusion Team Member

*Thank you for a wonderful class! It was very informative and engaging. I plan to use all the new skills I learned in both my personal and professional life.*

Individual Contributor

*Tammy, this was an excellent class. It helped me so much personally and with work. The timeliness of the subject was incredible! Thank you for the time you spent in preparation to deliver this in a way that our response was....ahhhh haaaa ! Got it! I am truly thankful.*

Workshop Participant

*Hi Tammy, I really appreciated your training yesterday and I thought you did an excellent job! I've thought a lot about the things we worked through, and it's given me a new sense of confidence. Thank you again!*

### **Team Retreat Feedback**

*I really enjoyed the retreat and learned a lot about how to communicate more efficiently with all our teams!*

Vanderbilt School of  
Medicine faculty

*Thank you so much Tammy. I was singing your praises this morning at the Department of Medicine Executive faculty meeting. The session on Wednesday was great! I appreciate you working with our junior faculty.*

VU Assistant Vice  
Chancellor

*Tammy – Thanks again for facilitating us last week. I found this incredibly helpful and interesting! I've been talking ad nauseam about my balconies and basements!*

Director

*Thank you so much for facilitating these sessions for our team. It was a pleasure having you guide our team to a common understanding. I can tell you that we have had some productive meetings and conversations because of this work.*

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| Manager                          | <i>Thank you again for an excellent and productive day! It was definitely worth it, and you did an exceptional job facilitating and keeping it focused on the work environment.</i>   |
| Student Rec Center               | <i>Thanks so much Tammy! I hope you know that you are one of the folks on this campus that is the awesomeist! Your fuel the drive to keep on going. You are the best of the best.</i>   |
| HR Director                      | <i>Thank you so much for facilitating our mini retreat today. It was great to experience the DiSC and to learn so much about each other. You are fabulous at this and we're grateful that you led us through it. Thank you!</i>   |
| Finance Leader                   | <i>We can't thank you enough for putting on the session for the extended finance team. It was illuminating and incredibly insightful for the group to see and learn how we can work better together and build off each other's strengths. We really appreciate the time you all put into preparing and delivering the session. It was very well received and greatly appreciated.</i> |
| <b>Coaching &amp; Consulting</b> |   |
| VU Associate Dean                | <i>I really enjoyed our semi-private tutoring session yesterday! Thank you for the wonderful resources! As I plan for an all-staff retreat in August and department development programs, I will draw on these materials and would like to consult with you. You did an excellent job adapting the material to the "small" group!</i>   |
| Vanderbilt Employee & Student    | <i>You made such an impression that I would like to say thank you for teaching all of the professional development classes that you do. I am currently working towards my master's in Industrial-Organizational Psychology. Your classes helped shape my research interests for my thesis, so thanks for that too!</i>  |